



White Tepary Bean Salad

Ingredients:

2 cups of White Tepary Beans, cooked and cooled
½ Red Onion, sliced
½ Red Bell Pepper, diced
1 small Cucumber, diced
1 cup of Cherry Tomatoes, halved
1 cup of Parsley, chopped
2 tablespoons Olive Oil
Salt & Pepper to taste

Directions:

Put all ingredients into large serving bowl and fold together until mixed well. Serve cold or at room temperature as a side or wrapped in a piece of lettuce. Enjoy, friends!