

Paper Plate Shaker



Materials:

- paper plate folded in half (stapled along the rim with small opening)
- ½ cup of rice (beans okay too!)
- markers

1. Fold a paper plate in half and staple along the rim, leaving a small opening in the corner.
2. Begin decorating your paper plate using markers, paints, crayons, etc. You can even glue different things on your plate!
3. Take ½ cup of dry rice/beans and pour inside the opening of your paper plate.
4. Take a paper clip or staple the small opening of your paper plate closed.
5. Begin making some music- shake it up!

Enjoy!