

COVID-19 Vaccine Information

What is a COVID Vaccine?

Currently there are two COVID vaccines approved with an Emergency Use Authorization (EUA), Pfizer-BioNTech (Pfizer), and Moderna. These two vaccines require two doses spaced weeks apart.



but not unknown. They have been studied for more than a decade. mRNA vaccines do NOT contain a live virus and do NOT carry a risk of causing disease in a vaccinated person. Vaccine mRNA never enters the nucleus of the cell and does NOT affect or interact with a person's DNA. The vaccine teaches our immune system how to react to the virus and it builds antibodies so we can fight off the virus. This vaccine does NOT use live a live virus. You CANNOT get COVID-19 from the vaccine.

Are the Pfizer and Moderna COVID-19 vaccines the same?

No, they are slightly different, and they are both very safe, passing with an EUA. They both require two doses and are currently available.



What are the side effects from the vaccine AND are they safe?

COVID-19 vaccines have been approved in the U.S. and there have been large clinical trials including people of color. These studies show that they are safe AND effective. During the trials, people who received the COVID-19 vaccine were protected from COVID-19. Pfizer and Moderna have over a 95% effectiveness in preventing the virus. Like other vaccines used in the U.S., COVID-19 vaccines may cause

Why should I get a vaccine?



The COVID-19 vaccination will help stop this crisis and help our bodies fight the virus. We have all been social distancing, wearing masks, and washing our hands. The vaccine, along with social distancing, masks, and washing our hands will help stop the spread

of the virus. Getting the vaccine will keep you safe and will help us return to normal.



temporary side effects such as: *soreness where the shot was given; *fever; *headache, *muscle and joint pain, and *tiredness. These are temporary and most side effects last a short time.

Side-effects are NORMAL for any vaccine. These side effects mean

that your immune system is working to keep you safe by creating antibodies against COVID-19.

How does this vaccine work and does this vaccine cause COVID-19 disease?

The COVID-19 vaccine CANNOT cause COVID-19. This vaccine uses the mRNA method and teaches our body how to make a piece of "spike protein" that fights off the virus. Like all vaccines, COVID-19 mRNA vaccines have been rigorously tested for safety before being authorized for use in the United States. mRNA technology is new,



These vaccines were reviewed by the U.S. Food and Drug Administration (FDA). The FDA requires the pharmaceutical companies to take very thorough steps to develop, test, and evaluate vaccines through clinical trials. The COVID-19 vaccines have been shown to be safe and effective in large clinical trials of more than 44,000 people, including Native Americans and other communities of color. It is possible that you might experience side effects with your second dose. Again, this just means that your body is learning how to fight COVID-19.

I worry that these vaccines were rushed. Why did they make a vaccine so quickly?

COVID-19 vaccine research and development happened quickly with a lot of federal and private funding from across the world to help stop this deadly virus. Some of the funding was focused on making sure the vaccines were ready for fast distribution as soon as they were found to work and passed clinical trials.

The pharmaceutical companies conducted a transparent, rigorous process to ensure the safety of the COVID-19 vaccination.

Can I get the vaccine if I am quarantined?

No, it is not recommended you get the vaccine while you are in quarantine or isolation.

Who should NOT get the vaccine?

You should speak to your medical provider if you are pregnant, thinking about getting pregnant, breastfeeding, have a severely compromised immune system, previous allergic reactions to vaccines. If you had any type of flu shot or vaccine two weeks before the COVID vaccine, you should wait two weeks.

The Pfizer vaccine is approved for people aged 16 and older. Moderna is approved for ages 18 and older.



Should I wait a few months before getting the vaccine and see how others react?

There are priority groups receiving the vaccine. Priority groups include health care workers, essential workers, teachers, elderly adults over age 65, etc. If you are in one of these priority groups watch your local health department for more information on how to receive your vaccine.



These vaccines are safe and effective and will help stop the spread of COVID-19. Vaccines have been going on now for weeks and thousands of people being immunized and helping to stop the spread of COVID-19. The benefits of taking the vaccine are keeping you safe and a return to normalcy.

What if I get my vaccine and have a side effect?

There is a program through the Centers for Disease Control (CDC), called V-safe. V-safe is a smartphone-based tool that uses text messaging and Internet surveys to provide personalized health check-ins after you receive your COVID-19 vaccine. Through v-safe, you can quickly reach the CDC if you have any side effects. V-safe also provides second vaccine dose reminders if needed, and telephone follow up to anyone who reports medically significant (important) adverse events. When you receive your vaccine, your provider will give you information on how to sign up for V-safe. Safety is a top priority of the FDA and CDC.



Where can I find more information on these vaccines? www.cdc.gov



your healthcare home

www.nativehealthphoenix.org