

Sensory Box Activity



Materials Intro: For today's activity, you will need:

- Pencil case (plastic w/lid)
- 1 quart baggie w/ black or red beans
- Small letters 1-26
- Small numbers 1-9

Note: *You can use various materials to create different sensory bins (beans, dry noodles, rice, etc.) and insert pictures, objects with the same initial sounds and numbers!*

1. Pour 1-2 cups of dry red/black beans into an empty pencil case with a lid
2. Take the bag of small letters and place them in different parts of the bin
3. Seal the pencil case and shake it up! (*be gentle it might open if you shake too hard*)
4. Open your sensory bin and begin searching for the letters of the alphabet
 - a. When you find a letter, say its name and the sound it makes
5. Place all of your letters in order off to the side once you've found them all and practice your ABC's!

Enjoy! 😊