

Healthier Puppy Chow

Yield: 8½ cups (17 servings)

Ingredients

½ cup coconut sugar	2 teaspoons pure vanilla extract (**optional)
¼ cup arrowroot or cornstarch *	3 cups rice Chex cereal
6 ounces dark chocolate chips (1 cup)	2 cups wheat Chex cereal
⅓ cup creamy almond butter	1 cup sliced almonds, toasted
1 tablespoon coconut oil or butter	Pinch salt

Directions

- Grind coconut sugar to a fine powder in a spice grinder (a high powered blender or food processor also works). Mix powdered coconut sugar with starch; set aside.
- Melt chocolate, almond butter, oil, and vanilla together in a double boiler (glass bowl set over a pot of simmering water) over medium heat until smooth.
- In a large bowl or container with a lid, toss together cereal and nuts. Drizzle chocolate mixture over cereal mixture and stir until evenly coated; season with a pinch of salt then chill in refrigerator 5 minutes.
- Add half of sugar mixture to chocolate-covered cereal mixture and toss to coat (or secure lid and shake), add remaining sugar mixture and toss to coat evenly.
- Store healthy puppy chow in an airtight container at room temperature for up to 4 days.

Recipe taken from zestfulkitchen.com website.